War Is a Force That Gives Us Meaning
by Chris Hedges

About the Book

In the introduction to his searing portrait of war, Chris Hedges writes, "I have been in ambushes on desolate stretches of Central American roads, shot at in the marshes of southern Iraq, imprisoned in the Sudan, beaten by Saudi military police, deported from Libya and Iran, captured and held for a week by the Iraqi Republican Guard during the Shiite rebellion following the Gulf War, strafed by Russian Mig-21s in Bosnia, fired upon by Serb snipers, and shelled for days in Sarajevo with deafening rounds of heavy artillery that threw out thousands of deadly bits of iron fragments." Hedges has seen war, and its effect upon those who wage it, at close range. And in War Is a Force That Gives Us Meaning, he brings fifteen years of experience reporting from the front lines to bear on the very nature of war itself, its causes and consequences, and the physical, emotional, and moral devastation it leaves in its wake.

Hedges argues that war is both a deadly addiction—a drug that offers an unmatchable intoxication, the thrill of being released from the moral strictures of everyday life—and a unifying force that provides a sense of meaning, purpose, and self-sacrifice that can wash away life's trivial concerns. But the meaningfulness of combat, Hedges suggests, depends upon the myth of war. In reality, no matter what grand cause it is supposed to support, war is simply the basest form of aggression: "organized murder." Once war begins, the moral universe collapses and every manner of atrocity can be justified in the eyes of those who wage it, because the cause is just, the enemy is inhuman, and only war can restore balance to the world. Hedges reveals the hollowness of such thinking and makes an impassioned plea for humility, love, and compassion as the human race's only hope for survival. Only when a nation can accept its share of blame and see its enemy with compassion rather than hatred can war be averted and true peace prevail.

Combining a great erudition of the literature of war—from Homer to Shakespeare to Viktor Frankl—with an unflinching focus on the particular and terrifying reality of combat, War Is a Force That Gives Us Meaning is a sobering book whose relevance could not be more pointed.
Discussion Guide

1. **War Is a Force That Gives Us Meaning** seems, at first, like a misleading title. In what ways is it an appropriate title for the book? Why might Chris Hedges have chosen it?

2. In his introduction, Hedges makes the startling suggestion that "the rush of battle is a potent and often lethal addiction, for war is a drug, one I ingested for many years" [p. 3]. How does Hedges support this claim? In what sense is war "a drug"? Who are its peddlers? How could something so horrific exert such power over so many people?

3. Hedges believes that "the only antidote to ward off self-destruction and the indiscriminate use of force is humility and, ultimately, compassion" [p. 17]. In what ways has America moved away from these virtues in the past decade? How can humility and compassion, individually and collectively, restrain nations from going to war? Why is it so difficult, and so important, to feel compassion for one's enemies? What memorable examples of compassion does the book provide?

4. What distinctions does Hedges make between sensory and mythic accounts of war? What reality does the myth of war conceal? Why are such myths necessary?

5. Hedges argues that "the nationalist virus" in the former Yugoslavia "was the logical outcome of the destruction of the country's educational system that began in the 1950s under Tito's rule" [p. 56]. What role did this nationalism play in the war that followed? How does nationalism distort and manipulate history? How might an independent and more objective educational system have prevented the war?

6. What is the relationship between sexual perversion and war, eroticism and death? Why, in Hedges' view, does war seem to unleash the basest forms of lust? How does war affect the way the body is perceived and valued?

7. Hedges writes that, after every war, "some struggle to tell us how the ego and vanity of commanders leads to the waste of lives and needless death, how they too became tainted, but the witnesses are soon ignored" [p. 115]. Why do citizens of post-war nations prefer not to listen to such accounts? Why is it important that they be heard? In what ways is Hedges' own book just such an act of witnessing?

8. What role does the press usually play in wartime? Why does Hedges believe that in the Gulf War, the press "wanted to be used" by the military? What role should the press play?

9. In his introduction, Hedges writes that the deadly attraction of war is that "even with its destruction and carnage it can give us what we long for in life. It can give us purpose, meaning, a reason for living" [p. 3]. At the end of the book, he writes that love "alone gives us meaning that endures" [p. 184–85]. How can we ensure that love, rather than war, remains the force that gives meaning to our lives?

10. What do Hedges's frequent references to Homer, Cicero, Shakespeare, and other classical writers add to the book? Why does he take such pains to place more recent wars in the historical context provided by such writers?
11. How does Hedges's own experience—the violence he has witnessed in El Salvador, Bosnia, Iraq, and elsewhere—lend weight to his arguments? What are the most compelling examples he offers to support his views? Do Hedges's firsthand accounts make him a more trustworthy critic of war than those who have never been in battle?

12. In what ways is *War Is a Force That Gives Us Meaning* relevant to the tensions between the United States and Iraq, and to other conflicts around the world today? Does the book offer new and more hopeful ways of thinking about war and peace?

**Author Bio**

Chris Hedges has been a foreign correspondent for fifteen years. Currently on staff at *The New York Times*, he has previously worked for *The Dallas Morning News, The Christian Science Monitor*, and National Public Radio. He holds a master of divinity from Harvard University. He lives in New York City.

**Critical Praise**

"[A] powerful chronicle of modern war . . . A persuasive call for humility and realism in the pursuit of national goals by force of arms . . . a potent and eloquent warning."

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