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# Up at the College

by Michele Andrea Bowen




## About the Book

Yvonne Fountain Copeland is determined to move on after her husband of fifteen years decides to leave her because their marriage became "boring." Returning to her hometown of Durham, North Carolina, Yvonne is convinced that a change of scenery will help her draw closer to God and find inner peace. Yvonne didn't know that the journey to peace would lead her to sexy, single childless basketball coach Curtis Parker.

Yvonne and Curtis soon discover that you can't find true peace and joy without God's help. What began as a series of "why me's" evolves into an extraordinary journey consisting of victory, faith, joy and love.

## Discussion Guide

**1.** What is Kingdom Living, and how do the characters in Up at the College exemplify this way of life for the saints?

**2.** Which characters best represent Kingdom Living? Which characters are the antithesis of this way of life?

**3.** Coach Curtis Parker couldn?t understand how God needed to be central to his life and his work as a head basketball coach. Do you understand how he could arrive at such a conclusion? And why was it so necessary for Curtis to alter this way of thinking?

**4.** Yvonne Fountain is a woman in transition both naturally and in her walk with the Lord. How did Yvonne regain her confidence in herself? More importantly, how did Yvonne grow and mature in her faith walk and confidence in the Lord?

**5.** Why did Yvonne and Curtis need saved and Holy-Ghost-filled friends in their lives? Why are those kinds of friends important in all of our lives? And how did these friends make a difference in their burgeoning faith walks?

**6.** There were characters in this story who were struggling with letting go of the world and giving their lives over to Christ. Who were they? Why do you believe that they were having such a difficult time making this transition for both spiritual and natural reasons?

**7.** Throughout the Bible, God has used the most unlikely people to carry out His will: Samson, Gideon, David, Jael (the wife of Heber the Kenite in the book of Judges), Rahab (the prostitute in the book of Joshua), Peter, and Paul, just to name a few. Who were the unlikely folks God worked through in Up at the College to help push things through for Coach Parker when faced with the works of the enemy?

**8.** Who were your favorite characters and why?

**9.** Who were your least favorite characters and why?

**10.** What scripture spoken by or thought of by the characters touched you? And did any additional scriptures not mentioned in the novel come to mind, and why?

## Author Bio

Michele Andrea Bowen graduated from the University of North Carolina at Chapel Hill with an M.A. in History and a M.P.H. in Public Health. She lives in Durham, North Carolina. Michele is the author of the No. 1 *Essence* bestsellers **Church Folk** and **Second Sunday**.

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