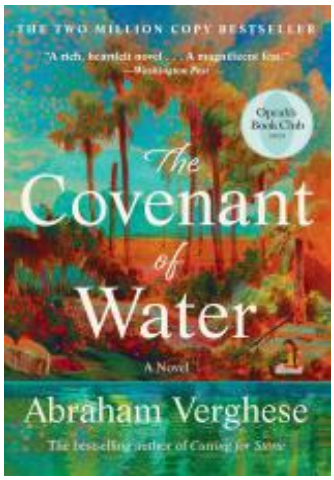
The Covenant of Water

by Abraham Verghese



About the Book

From the *New York Times* bestselling author of CUTTING FOR STONE comes a stunning and magisterial epic of love, faith and medicine, set in Kerala, South India, and following three generations of a family seeking the answers to a strange secret.

THE COVENANT OF WATER is the long-awaited new novel by Abraham Verghese, the author of the major word-of-mouth bestseller CUTTING FOR STONE, which has sold over 1.5 million copies in the United States alone and remained on the *New York Times* bestseller list for over two years.

Spanning the years 1900 to 1977, THE COVENANT OF WATER is set in Kerala, on South India?s Malabar Coast, and follows three generations of a family that suffers a peculiar affliction: In every generation, at least one person dies by drowning --- and in Kerala, water is everywhere. At the turn of the century, a 12-year-old girl from Kerala?s long-existing Christian community, grieving the death of her father, is sent by boat to her wedding, where she will meet her 40-year-old husband for the first time. From this unforgettable new beginning, the young girl --- and future matriarch, known as Big Ammachi --- will witness unthinkable changes over the span of her extraordinary life, full of joy and triumph, as well as hardship and loss, her faith and love the only constants.

A shimmering evocation of a bygone India and of the passage of time itself, THE COVENANT OF WATER is a hymn to progress in medicine and to human understanding, and a humbling testament to the difficulties undergone by past generations for the sake of those alive today. It is one of the most masterful literary novels published in recent years.

Discussion Guide

1. THE COVENANT OF WATER begins in South India at the turn of the 20th century on the eve of an arranged marriage. Initially, the young bride and her much older husband are nameless, while those around them are named. What

effect does this create in your introduction to the main characters and how they evolve over time? When the bride is bequeathed the name ?Big Ammachi? (p. 64) by her stepson, how does she grow into her title?

2. Big Ammachi finds out about ?the Condition? that runs through her new family by means of dramatic tragedy, even though her husband and JoJo?s aversion to water was evident early on. What impact do the circumstances of ?the Condition? have on the decisions each generation makes for their future?

3. In what ways does the novel constitute an ?epic?? What other genres do you identify in the novel?

4. For Digby and Philipose, expectations are passed down to them from their mothers. Digby?s mother tells him, ?It?s only you bein? top o? the class that gets me through this hell. I dream o? yer success? (p. 87), while Big Ammachi thinks of her son, ?How wonderful if his stubborn determination turned into a quest to cure the Condition!? (p. 229). How are Digby and Philipose continually plagued by alternate paths, even after finding their apparent callings? Do these men come to terms with their decisions?

5. Professions come to define many of the characters in THE COVENANT OF WATER: there are doctors, writers, domestic workers and other laborers within these pages. How do the attributes of these characters reflect their work, as well as come to define their passions and personalities? Who is allowed to choose a profession freely in the novel, and whose futures are foretold from their birth?

6. In what ways do diagnoses change the trajectory of the lives of the characters? Do some characters experience a fear of being ostracized, either for themselves or for those they care about? How do characters view those labeled or seen as ?afflicted? throughout the novel? Do those labels appear to inhibit characters, or allow them a different kind of freedom from community standards?

7. Discuss the marriage of Elsie and Philipose. What traits of each character may have contributed to the rifts in their relationship? How did the couple and those around them attempt to mend the marriage?

8. Consider how geography affects destiny for these characters. From Parambil to Madras to Scotland, Verghese?s characters often find or seek refuge away from their original shores. In what ways is a sense of home and belonging threaded throughout the novel, and how do characters like Big Ammachi, Digby, Elsie and Mariamma connect to or disconnect from the places where they were born and the homes where they eventually settle?

9. How does grief manifest for Digby over the years as he witnesses the decline of the women he loves? How does this compare to periods of grief for other characters?

10. Both Elsie and her daughter Mariamma face discrimination in their professional pursuits. How do these women push back against the misogynistic cultures they face? In what ways had they been assured that they deserved to pursue careers as an artist and a doctor, respectively?

11. A hospital in the Parambil community is an ever-present need, especially as preventable losses recur throughout the generations. What impediments --- financial, social, bureaucratic --- prevented the hospital from being constructed? Does the eventual construction of the hospital seem to be part of the destiny of the family at Parambil?

12. Throughout THE COVENANT OF WATER, various characters act as caretakers and demonstrate healing abilities. In what ways does healing intertwine with the practice of medicine for the salvation of characters?

13. Spanning about 80 years, THE COVENANT OF WATER depicts several political and environmental events that impact the characters in different ways. How do the politics of the world around them lead to the diverging philosophies of Mariamma and Lenin Evermore regarding how to help their people and nation at large? Which environmental events do you think had deep repercussions for other members of Mariamma and Lenin?s families over the years?

14. How does Verghese illustrate the changes and consistency of segregation and the caste system in India over the decades? Did you find parallels between the treatment of lepers by outsiders of St. Bridget?s and the caste divides of the characters in the spaces they reside throughout South India? How are the tensions of caste and class resolved, if at all?

15. How does the institution of marriage evolve over the course of the decades in the novel? How do the relationships and marriages at the end of the novel compare and contrast to that of Big Ammachi and her husband?

Author Bio

Abraham Verghese is a graduate of the Iowa Writers? Workshop and the author of books including the NBCC Award finalist MY OWN COUNTRY and the *New York Times* Notable Book THE TENNIS PARTNER. His book, CUTTING FOR STONE, spent 107 weeks on the *New York Times* bestseller list and sold more than 1.5 million copies in the U.S. alone. It was translated into more than 20 languages and is being adapted for film by Anonymous Content.

Verghese was awarded the National Humanities Medal in 2016, has received five honorary degrees, and is an elected member of the National Academy of Medicine and the American Academy of Arts & Sciences. He lives and practices medicine in Stanford, California where he is the Linda R. Meier and Joan F. Lane Provostial Professor and Vice Chair of the Department of Medicine at the Stanford University School of Medicine.

A decade in the making, THE COVENANT OF WATER is his first book since CUTTING FOR STONE.

The Covenant of Water
by Abraham Verghese

Publication Date: May 6, 2025
Genres: Fiction, Historical Fiction
Paperback: 768 pages
Publisher: Grove Press
ISBN-10: 0802162738
ISBN-13: 9780802162731