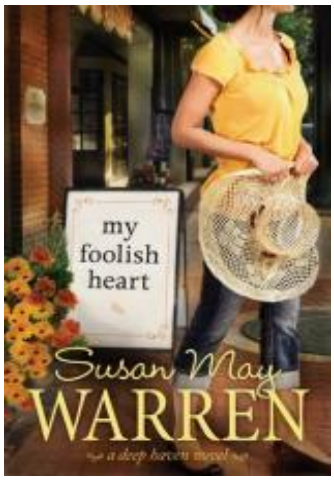
My Foolish Heart: A Deep Haven Novel

by Susan May Warren



About the Book

Unknown to her tiny town of Deep Haven, Isadora Presley spends her nights as Miss Foolish Heart, the star host of a syndicated talk radio show. Millions tune in to hear her advice on dating and falling in love, unaware that she?s never really done either. Issy?s ratings soar when it seems she?s falling in love on-air with a caller. A caller she doesn?t realize lives right next door.

Caleb Knight served a tour of duty in Iraq and paid a steep price. The last thing he wants is pity, so he hides his disability and moves to Deep Haven to land his dream job as the high school football coach. When his beautiful neighbor catches his eye, in a moment of desperation he seeks advice from **My Foolish Heart**, the show that airs before his favorite sports broadcast.

Before he knows it, Caleb finds himself drawn to the host --- and more confused than ever. Is his perfect love the woman on the radio?or the one next door?

Discussion Guide

1. At the beginning of the story, Issy is showing symptoms of what disorder? Have you ever had something so consume your life that you felt trapped? What helped you or would help you overcome that fear?

2. Issy has a rather unusual ?work from home? job. Have you ever called in to a radio or television show? What do you think about online communities like the one Issy has formed? What are their benefits and dangers?

3. Issy has a Top 10 list for her ideal man. Do you think that?s a good idea? Why or why not? What characteristics might be on your Top 10 list?

4. Lucy can?t believe it when Seb, her high school sweetheart, shows up in town. Have you ever been surprised by someone from your past? When and where? How did it affect you, if at all?

5. Caleb wants to prove himself despite his disability. Have you ever felt as if the cards were stacked against you and you had to prove yourself? How did you handle that situation?

6. Seb returns home, hoping to relive his glory years. But some things aren?t as glamorous as he remembered. What parts of your past would you like to relive? What would you gladly never repeat?

7. Issy runs from Caleb when she first sees him. Have you ever been ashamed by your reaction to something or someone? What did you do about it?

8. Caleb gets desperate and asks for the advice of a radio host. Where have you gone for relationship help? Looking back, do you think you were given good advice?

9. In Chapter 14, Pastor Dan points out that Caleb has been unwilling to continually accept grace, as Peter refused to let Jesus wash his feet. Have you ever been like Caleb and found God?s grace difficult to accept? Why?

10. Lucy and Issy are best friends, but Lucy hid the full truth of her past with Seb from Issy. Why? Would you have hidden such a secret from your best friend? Why or why not?

11. Near the end of the story, Seb and Lucy are able to come to terms with their past and are set free to start over. Is there any relationship you would like to start over with? What is keeping you from doing so?

12. Why is Caleb upset when he discovers that Issy is Miss Foolish Heart (as Issy is when she discovers BoyNextDoor?s identity)? Have you ever felt exposed or betrayed? How did you respond?

13. Caleb?s worst fear comes true when his secret is revealed in the middle of the pivotal football game. How would you have reacted in that situation?

14. Issy has let her fears create unnecessary distance between her and her father. Have you ever been estranged from a family member? Have you mended those bridges? If not, what holds you back?

15. What truth does Issy come to realize that helps her break free from her fears? Do you agree with what she learned? How could you apply the same truth to your life?

Author Bio

Susan May Warren is the bestselling, Christy and RITA Award?winning author of more than 40 novels whose compelling plots and unforgettable characters have won acclaim with readers and reviewers alike. She served with her husband and four children as a missionary in Russia for eight years before she and her family returned home to the States. She now writes full-time as her husband runs a lodge on Lake Superior in northern Minnesota, where many of her

books are set. She and her family enjoy hiking, canoeing, and being involved in their local church.

Susan holds a BA in mass communications from the University of Minnesota. Several of her critically acclaimed novels have been ECPA and CBA bestsellers, were chosen as Top Picks by *Romantic Times,* and have won the RWA's Inspirational Reader's Choice contest and the American Christian Fiction Writers Book of the Year award. Five of her books have been Christy Award finalists. In addition to her writing, Susan loves to teach and speak at women's events about God's amazing grace in our lives.

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