Middlesex
by Jeffrey Eugenides

About the Book

A dazzling triumph from the bestselling author of The Virgin Suicides, Middlesex is the astonishing tale of a gene that passes down through three generations of a Greek American family and flowers in the body of Calliope Stephanides.

"I was born twice: first, as a baby girl, on a remarkably smogless Detroit day in January of 1960; and then again, as a teenage boy, in an emergency room near Petoskey, Michigan, in August of 1974."

So begins Jeffrey Eugenides' second novel, Middlesex, the story of Calliope Stephanides, who discovers at the age of fourteen that she is really a he. Cal traces the story of his transformation and the genetic condition that caused it back to his paternal grandparents, who happen also to be brother and sister, and the Greek village of Bithynios in Asia Minor.

In 1922, Desdemona Stephanides and her brother, Lefty, whose parents were killed in the recent war with the Turks, are living alone in their nearly abandoned village. Pulled together by isolation, sympathy, and, perhaps, fate, Lefty and Desdemona become husband and wife, and a recessive genetic condition begins its journey toward eventual expression in their grandchild Calliope.

Middlesex is a story about what it means to occupy the complex and unnamed middle ground between male and female, Greek and American, past and present. For Cal, caught between these identities, the journey to adulthood is particularly fraught. Jeffrey Eugenides' epic portrayal of Cal's struggle is classical in its structure and scope and contemporary in its content; a tender and honest examination of a battle that is increasingly relevant to us all.

Discussion Guide

1. Describing his own conception, Cal writes: "The timing of the thing had to be just so in order for me to become the person I am. Delay the act by an hour and you change the gene selection" (p. 11). Is Cal's condition a result of chance or
of fate? Which of these forces governs the world as Cal sees it?

2. Middlesex begins just before Cal's birth in 1960, then moves backward in time to 1922. Cal is born at the beginning of Part 3, about halfway through the novel. Why did the author choose to structure the story in this way? How does this movement backward and forward in time reflect the larger themes of the work?

3. When Tessie and Milton decide to try to influence the sex of their baby, Desdemona disapproves. "God decides what baby is," she says. "Not you" (p. 13). What happens when characters in the novel challenge fate?

4. "To be honest, the amusement grounds should be closed at this hour, but, for my own purposes, tonight Electric Park is open all night, and the fog suddenly lifts, all so that my grandfather can look out the window and see a roller coaster streaking down the track. A moment of cheap symbolism only, and then I have to bow to the strict rules of realism, which is to say: they can't see a thing" (pp. 110–11). Occasionally, Cal interrupts his own narrative, calling attention to himself and the artifice inherent in his story. What purpose do these interruptions serve? Is Cal a reliable narrator?

5. "I've never had the right words to describe my life, and now that I've entered my story, I need them more than ever," Cal writes (p. 217). How does Cal narrate the events that take place before his birth? Does his perspective as a narrator change when he is recounting events that take place after he is born?

6. "All I know is this: despite my androgenized brain, there's an innate feminine circularity in the story I have to tell" (p. 20). What does Cal mean by this? Is his manner of telling his story connected to the question of his gender? How?

7. How are Cal's early sexual experiences similar to those of any adolescent? How are they different? Are the differences more significant than the similarities?

8. Why does Cal decide to live as a man rather than as a woman?

9. How does Cal's experience reflect on the "nature vs. nurture" debate about gender identity?

10. Who is Jimmy Zizmo? How does he influence the course of events in the novel?

11. What is Dr. Luce's role in the novel? Would you describe him as a villain?

12. Calliope is the name of the classical Greek muse of eloquence and epic poetry. What elements of Greek mythology figure in Cal's story? Is this novel meant to be a new "myth"?

13. How is Cal's experience living within two genders similar to the immigrant experience of living within two cultures? How is it different?

14. Middlesex is set against the backdrop of several historical events: the war between Greece and Turkey, the rise of the Nation of Islam, World War II, and the Detroit riots. How does history shape the lives of the characters in the novel?

15. What does America represent for Desdemona? For Milton? For Cal? To what extent do you think these characters' different visions of America correspond to their status as first-, second-, and third-generation Greek Americans?
16. What role does race play in the novel? How do the Detroit riots of 1967 affect the Stephanides family and Cal, specifically?

17. Describe Middlesex. Does the house have a symbolic function in the novel?

18. "Everything about Middlesex spoke of forgetting and everything about Desdemona made plain the inescapability of remembering," Cal writes (p. 273). How and when do Desdemona's Old World values conflict with the ethos of America and, specifically, of Middlesex?

19. The final sentence of the novel reads: "I lost track after a while, happy to be home, weeping for my father, and thinking about what was next" (p. 529). What is next for Cal? Does the author give us reason to believe that Cal's relationship with Julie will be successful?

20. "Watching from the cab, Milton came face-to-face with the essence of tragedy, which is something determined before you're born, something you can't escape or do anything about, no matter how hard you try" (p. 426). According to this definition, is Cal's story a tragedy?

Author Bio

Jeffrey Eugenides was born in Detroit and attended Brown and Stanford Universities. His first novel, THE VIRGIN SUICIDES, was published by FSG to great acclaim in 1993, and he has received numerous awards for his work. In 2003, he received the Pulitzer Prize for his novel MIDDLESEX (FSG, 2002), which was also a finalist for the National Book Critics Circle Award, the International IMPAC Dublin Literary Award, and France’s Prix Médicis. THE MARRIAGE PLOT (FSG, 2011) was a finalist for the National Book Critics Circle Award, and won both the Prix Fitzgerald and the Madame Figaro Literary Prize. His collection of short stories, FRESH COMPLAINT, is from FSG (2017). Eugenides is a professor of creative writing in the Lewis Center for the Arts at Princeton.

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