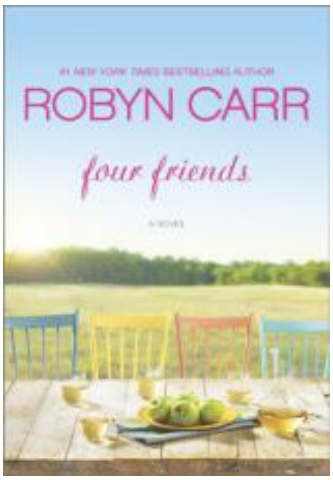
ReadingGroupGuides
The online community for reading groups

Four Friends

by Robyn Carr



About the Book

From #1 *New York Times* bestselling author Robyn Carr comes the story of four friends determined to find their stride. Ultimately, they'll discover what it means to be a wife, mother, lover, friend...and most important: your true self.

Gerri can't decide what's more devastating: learning her rock-solid marriage has big cracks, or the anger she feels as she tries to repair them. Always the anchor for friends and her three angst-ridden teenagers, it's time to look carefully at herself. The journey is more than revealing --- it's transforming.

Andy doesn't have a great track record with men, and she's come to believe that a lasting love is out of reach. When she finds herself attracted to her down-to-earth contractor --- a man without any of the qualities that usually appeal to her --- she questions everything she thought she wanted in life.

Sonja's lifelong pursuit of balance is shattered when her husband declares he's through with her New Age nonsense and walks out. There's no herbal tonic or cleansing ritual that can restore her serenity --- or her sanity.

Miraculously, it's BJ, the reserved newcomer to Mill Valley, who steps into their circle and changes everything. The woman with dark secrets opens up to her neighbors, and together they get each other back on track, stronger as individuals and unfaltering as friends.

Discussion Guide

1. The four friends in this book are four women juggling the responsibilities facing many women today --- family, friends, careers --- while trying to maintain their own identities. Who do you most identify with and why?

2. On the surface, Gerri has it all, yet something was missing in her marriage that she didn?t want to or wasn?t able to address. How difficult is it for men and women to have honest discussions about their sex lives and what they need to make them happy?

3. Does the fact that Phil?s affair took place in the past lessen the impact on Gerri? Do you think she would have forgiven Phil if the affair was current?

4. Would you be able to forgive your spouse for an infidelity? Do the circumstances matter, or are cheating always unforgivable?

5. Is Gerri?s reaction to Jessie?s drunken situation reasonable? Does she overreact? Should she have been even more concerned, and perhaps called the police or taken her to the emergency room?

6. Are you able to have open conversations with your children about sex and the risks involved, or are you uncomfortable and just hope for the best?

7. Andy has a difficult situation to manage with her son being gay and his father rejecting him. How would you handle such a challenge?

8. Does Gerri have the right to meet Phil?s mistress? Would you do it?

9. Does the support of their friends make the difference for these women in the choices they eventually make? Does it help you to know that other women are facing challenges in their lives and marriages and to see that even perfect marriages have flaws?

10. Are you able to discuss your sexual health with your doctor? Would it have made a difference to Gerri?s marriage if she?d been able to have that conversation when her menopause symptoms first started?

11. Which one of the four friends would you want as your best friend?

Author Bio

Robyn Carr is an award-winning, #1 *New York Times* bestselling author of more than 60 novels, including highly praised women's fiction such as FOUR FRIENDS and THE VIEW FROM ALAMEDA ISLAND and the critically acclaimed *Virgin River*, *Thunder Point* and *Sullivan's Crossing* series. *Virgin River* is now a Netflix Original series. Robyn lives in Las Vegas, Nevada.

Four Friends

by Robyn Carr

Publication Date: March 25, 2014
Genres: Fiction, Romance, Women's Fiction
Paperback: 384 pages
Publisher: Harlequin MIRA
ISBN-10: 0778316815
ISBN-13: 9780778316817