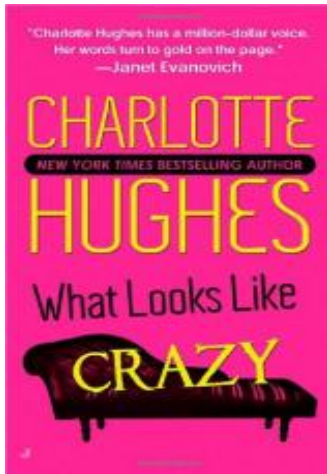


What Looks Like Crazy

by Charlotte Hughes



About the Book

Psychologist Kate Holly's own life has become the stuff of intensive therapy. She's divorcing her gorgeous firefighter husband, she has an eccentric secretary, her mother and aunt have erected a vaguely sexual sculpture in her front yard, and her psychiatrist ex-boyfriend won't stop calling to find out what color panties she's wearing. Now, Kate's being bombarded with mysterious threats, and the only person who can help her is the one man who always makes her lose her mind-and heart.

Discussion Guide

1. Dr. Kate Holly, a clinical psychologist, has wild and crazy patients, friends, and family. Did Kate's profession surprise you, given her own life has become the stuff of intensive therapy? Why or why not?
2. How would you describe Kate and Jay's relationship? Do you know any couples who have a relationship like theirs?
3. The author includes several characters who appear as crazy as Kate's patients: Her eccentric secretary who lures in clients with promises of free manicures, her junk-art-collecting mother and aunt who have erected a vaguely sexual sculpture in her front yard, and, her psychiatrist ex-boyfriend refers patients to her in return for information on the color of her panties. What do these characters add to the book? What is their thematic relationship with Kate?
4. Do these secondary characters seem real and believable? To what extent do they remind you of yourself or someone you know?
5. What specific themes did the author emphasize throughout the novel? What do you think she is trying to get across to the reader?

6. How does Kate change or evolve throughout the course of the story? What events trigger such changes?
7. In what ways do the events in the books reveal evidence of the author's world view?
8. Did certain parts of the book make you uncomfortable? If so, why did you feel that way?
9. Did reading this book help you understand conflicts or craziness within your own life or those close to you? Did the story compel you to change your attitude toward anyone or towards yourself? If so, please elaborate.

Author Bio

Critical Praise

"Her words turn to gold on the page."

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