

# The Great Alone

by Kristin Hannah

---



## About the Book

*Alaska, 1974.*

*Unpredictable. Unforgiving. Untamed.*

*For a family in crisis, the ultimate test of survival.*

Ernt Allbright, a former POW, comes home from the Vietnam War a changed and volatile man. When he loses yet another job, he makes an impulsive decision: he will move his family north, to Alaska, where they will live off the grid in America's last true frontier.

Thirteen-year-old Leni, a girl coming of age in a tumultuous time, caught in the riptide of her parents' passionate, stormy relationship, dares to hope that a new land will lead to a better future for her family. She is desperate for a place to belong. Her mother, Cora, will do anything and go anywhere for the man she loves, even if means following him into the unknown.

At first, Alaska seems to be the answer to their prayers. In a wild, remote corner of the state, they find a fiercely independent community of strong men and even stronger women. The long, sunlit days and the generosity of the locals make up for the Allbrights' lack of preparation and dwindling resources.

But as winter approaches and darkness descends on Alaska, Ernt's fragile mental state deteriorates and the family begins to fracture. Soon the perils outside pale in comparison to threats from within. In their small cabin, covered in snow, blanketed in 18 hours of night, Leni and her mother learn the terrible truth: they are on their own. In the wild, there is no one to save them but themselves.

In this unforgettable portrait of human frailty and resilience, Kristin Hannah reveals the indomitable character of the modern American pioneer and the spirit of a vanishing Alaska --- a place of incomparable beauty and danger. THE

GREAT ALONE is a daring, beautiful, stay-up-all-night story about love and loss, the fight for survival, and the wildness that lives in both man and nature.

## Discussion Guide

**Spoiler Alert:** Please note that the discussion guide below contain spoilers to the book.

1. ?It was otherworldly somehow, magical in its vast expanse. An incomparable landscape.? (31) Alaska is definitely a character in this novel. The author clearly wants you to understand both the grandeur and danger that are present every day in the Last Frontier. How did the landscape create and shape this story? Is this a story that could have taken place anywhere? Or was the solitude of Alaska part of the fabric of the novel?
2. Alaska is called many things. The Last Frontier, The Land of the Midnight Sun, The Great Alone. How do you think these different nicknames describe different parts of the state?
3. What aspects of the Alaska/homesteader lifestyle would you find the most challenging in the wild? How would you handle the isolation, the interdependence among neighbors, the climate? Would you have what it takes to survive?
4. Large Marge tells Cora and Leni that ?in Alaska, everyone is either running to something or running away from something.? Do you think this is particularly true to wild places like Alaska? Or has it always been true of the American pioneer? How would you compare and contrast the homesteaders in Alaska to the pioneers in early America, who came west in covered wagons? How are the modern Alaska homesteaders different? How are they the same? What do you think draws people to the wild, unpredictable and remote corners of Alaska?
5. THE GREAT ALONE is set in the turbulent world of America in the 1970s. Why do you think the author chose this time period? How did the world at that time, with the political unrest and kidnappings and plane hijackings, factor into the plot? Why do you believe the back-to-the-earth movement spoke to so many people in the '70s? Why did it speak to Ernt?
6. Do you think the world feels dangerous today? Do you think the unrest and troubles of the '70s are relevant today? Can we learn from them? What does THE GREAT ALONE have to say about the idea of turning one?s back on civilization and the problems of society?
7. If you experienced the '70s, what was it like to read about those years? Did it match up with your memories of it, or color the story for you? Did the popular culture references remind you of your own life? And if you didn?t experience the '70s, what did you learn about the era from the novel?
8. Ernt was a prisoner of war for several years. We know now about PTSD and the ways in which Ernt would have been suffering and the ways in which he could now be helped, but that help didn?t exist in the seventies. Additionally, the Vietnam vets were often treated badly by people upon their return. How do you think Ernt?s war experiences changed him? Do you believe, as Cora tells Leni, that he was ?changed? when he came home? Did the war and PTSD ?make? Ernt violent, or do you believe he was violent before?

**9.** Cora is a complicated character. When Leni is reminiscing about her mother and their days in the commune, she notes that "her mother changed her personality just enough to fit in." What do you think this passage tells us about Cora? Why do you think she stayed with Ernt all those years? Was it love? Fear? In general, why do you think women stay with abusive men?

**10.** One of the issues highlighted in the novel is the lack of legal support for women in the '70s. Large Marge often makes the point that the law can't help women like Cora, and Leni, even as young as she is, intuitively that only Cora can save herself. Do you think that was true then? Is it true today? Does the law do enough to help battered women?

**11.** Leni is shaped by the complexity of her parents' toxic relationship. How does she explain her life before she sees the truth of the violence? As is often the case in abusive families, Leni --- the child --- takes on the role of caretaker. How did it mold Leni's character, this need to keep the ugly truth of her family, secret?

**12.** Would you say that Leni is a survivor? Is Cora?

**13.** "Your mother was a kite string. Without her strong, steady hold on you, you might just float away, be lost somewhere among the clouds." (126) If you have faced the loss of a loved one, did you find this quote to have special resonance for you? What did the author get right about this sentiment? How else would you describe a mother's influence? In many ways, *THE GREAT ALONE* is a mother-daughter love story, but one with a broken spine. How did Cora let Leni down in life, how did she save her? Do you think Cora was a good mother?

**14.** Leni and Matthew experience first friendship and first love. There is an obvious Romeo-and-Juliet aspect to their love story. How did you feel about their relationship as it was growing? Did you root for them? Or did you feel that Leni was taking a terrible risk that was going to have dark consequences.

**15.** "This is dangerous, she thought again, but she couldn't make herself care. All she could think about now was Matthew, and how it had felt when he kissed her, and how much she wanted to kiss him again." (241) Do you recall your own days of young love and that rush of feeling? Do you think the experience is universal?

**16.** How did the building of Ernt's wall affect you as a reader? As he was building it, what did you think was going to happen? Did you think someone was going to kill Ernt? Who did you think the killer would be? Who did you want it to be?

**17.** Did you see Cora's explosive act of protection coming? What did it feel like to read that scene? As a parent, do you think you'd be capable of the same act, or write such a confessional letter?

**18.** Did you hold Leni responsible in your mind for any of Matthew's misfortune? Why or why not? How does Leni show her devotion in the end? Did you anticipate the kind of future that is set in motion for them at the close of the book?

**19.** At the end of the story, Leni ends up back in Alaska. Do you think there's an ultimate place where people belong? How would you know if you got there?

## Author Bio

Kristin Hannah is the award-winning and bestselling author of more than 20 novels, including the international blockbuster, *THE NIGHTINGALE*, which was named Goodreads Best Historical Fiction novel for 2015 and won the coveted People's Choice award for best fiction in the same year. Additionally, it was a selection of the Reese Witherspoon Book Club in 2023. It was named a Best Book of the Year by Amazon, iTunes, BuzzFeed, the *Wall Street Journal*, *Paste* and *The Week*. In 2018, *THE GREAT ALONE* became an instant *New York Times* #1 bestseller and was named the Best Historical Novel of the Year by Goodreads.

*THE FOUR WINDS* was published in February 2021 and immediately hit #1 on the *New York Times*, *Wall Street Journal*, *USA Today* and Indie bookstores' bestseller lists. Additionally, it was selected as a book club pick by the both "Today" and the Book of the Month club, which named it the best book of 2021.

*THE NIGHTINGALE* is currently in production at Tri Star, with Dakota and Elle Fanning set to star. Tri Star has also optioned *THE GREAT ALONE*, and it is in development. *FIREFLY LANE*, her beloved novel about two best friends, was the #1 Netflix series around the world, in the week it came out. The popular TV show starred Katherine Heigl and Sarah Chalke, and season two concluded the series in April 2023.

A former attorney, Kristin lives in the Pacific Northwest.

---

## The Great Alone

by Kristin Hannah

**Publication Date:** September 24, 2019

**Genres:** Fiction, Historical Fiction, Women's Fiction

**Paperback:** 576 pages

**Publisher:** St. Martin's Griffin

**ISBN-10:** 1250229537

**ISBN-13:** 9781250229533