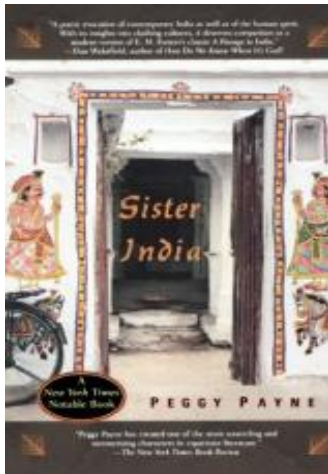


Sister India

by Peggy Payne



About the Book

The exotic and suspenseful story of an eccentric guest-house keeper in Varanasi, India, and the passions evoked by her sacred city along the Ganges.

The *Lonely Planet* recommends the Saraswati Guest House, and meeting Madame Natraja, "a one-woman blend of East and West," as well worth a side trip. Over the course of a weekend, several guests turn up, shocked to encounter a three-hundred-some-pound, surly white woman in a sari. Then a series of Hindu-Muslim murders leads to a citywide curfew, and they unwittingly become her captives. So begins a period of days blending into nights as Natraja and her Indian cook become entangled in a web of religious violence, and their guests fall under the spell of this ancient kingdom--at once enthralled and repelled by the begging children, the public funeral pyres, the holy men bathing in the Ganges at dawn.

This is a traveler's tale, a story about the strange chemistry that develops from unexpected intimacies on foreign ground. And Peggy Payne's extraordinary talent vividly conjures up the smells of the perfume market, the rhythms of holy men chanting at dawn, the claustrophobic feel of this ancient city's tiny lanes, and the magic of the setting sun over the holy Ganges. For anyone who has harbored a secret desire to go to India and be transformed, **Sister India** takes you on this journey without ever leaving home.

Discussion Guide

1. When the twenty year-old Estelle flees her American life to live in India, she selects a new Hindi name for herself: Natraja. What does this choice say about the way she sees herself and her future? Does having this name influence the course of the life she makes for herself? Can you think of a counterpart in Judeo-Christian culture to what the name Natraja signifies to a Hindu?
2. What part does the river Ganges play in the transformations of the people in the guest house? How is the effect

different for each character? How do other religions make use of water as a symbol or a sacred entity?

3. What physical elements of the city of Varanasi make the spiritual transformations in this story possible? Are any of these seemingly negative or frightening, perhaps dangerous? Does the nature of the physical environment in the story seem to shift in any way as the novel progresses? How so?

4. Do you think Natraja would have changed if the terrorist violence had not broken out around her? What similarities do you see between the psychological effects of terrorism in the story and those in the real world?

5. Do Ramesh's feelings for Natraja evolve during the course of the story? What drives him? What are his passions? Is he a happy man?

6. Did the young Natraja's love affair with the princely Bhushan turn out as it should have? Do you think their romance was based mainly on the temptation of forbidden fruit? Or were they true soul mates, kept apart only by their cultural differences?

7. How are Hindu rituals and images pivotal in the characters' lives? By what method do these outward signs of Hindu belief lead to inner change?

8. What are the stages in Natraja's emotional decline? What triggers the changes in her state of mind and how do these show themselves to people around her? How does Natraja inadvertently alter the emotional lives of the other characters?

9. What makes a city or a place holy? Is a pilgrimage site essentially different from other places? How?

10. This story takes place in India with flashbacks to the American rural South. Do you sense some kinship between these two very different parts of the world? What would you identify as the source of any similarities between the two regions?

11. Do you think there's a way to end the cycle of retaliation in this story, or will both groups attack each other until one or both fall from exhaustion and depletion?

12. What part does love, romantic or otherwise, play in the outcome of this story? If Dr. Rai were to vanish, could T.J. and Mrs. Rai live together happily ever after? How do you think the tie between Natraja and Ramesh will evolve? Will Jill and Marie ultimately find happiness in a romantic partnership?

13. Jill appears at times to be tightly wound and at other times to be crazy. Does her obsessive-compulsiveness have a solution? Do you believe she would seek help, or content herself with an emotionally constricted life?

14. What might Marie realistically accomplish in the years she has left? Do you think she has made a good choice at the story's end? What might her children have to say about her decision to stay? What would be the wisest stance for them to take toward their elderly mother's behavior?

15. What is the place of hunger in this story? Will Natraja remain obese? What do each of the characters hunger for? Must a profound longing be satisfied for a person to lead a happy life?

16. Why do you think the novel is called **Sister India**? Is there more than one way to understand the title? Does it fit the book?

Author Bio

Peggy Payne is a journalist and travel writer who has published articles on more than twenty-five countries. She has been the recipient of an NEA grant to study fiction at Berkeley, and an Indo-American Fellowship to research this novel in Varanasi. Her work has appeared in numerous anthologies, including *God: Stories and New Stories from the South*. She lives near Chapel Hill, North Carolina.

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Publication Date: February 5, 2002

Genres: Fiction

Paperback: 320 pages

Publisher: Riverhead Trade

ISBN-10: 1573229105

ISBN-13: 9781573229104