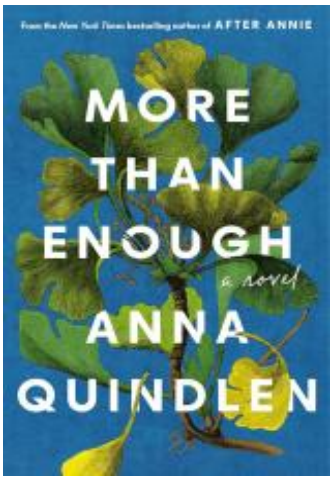
More Than Enough

by Anna Quindlen



About the Book

A woman confronts the surprising results of an ancestry test and begins to question the meaning of family and friendship in this wise, tender novel teeming with life --- from the beloved #1 *New York Times* bestselling author of AFTER ANNIE.

No one knows you like your book club.

High school English teacher Polly Goodman can talk about everything and anything with the women in her book club, which is why they?ve become her closest friends and, along with her veterinarian husband, the bedrock of her life. Her students, her fraught relationship with her mother, her struggles with IVF --- Polly?s book club friends have heard about it all.

But when they give Polly an ancestry test kit as a joke, the results match her with a stranger. It is clear to Polly that this match is a mistake, but still she cannot help but comb through her family history for answers. Then, when it seems that the book club circle of four will become three, Polly learns how friendships can change your life in the most profound ways.

Written with Anna Quindlen?s trademark warmth, humor, and insight into the power of love and hope, MORE THAN ENOUGH explores how we find ourselves again and again through the relationships that define us.

Discussion Guide

1. Which character did you identify with the most? Why?

2. Polly?s book club is her safe space --- the place she can share everything. How does that kind of chosen family

compare to the family we?re born into? What does she still choose not to share with the entire club?

3. The novel explores infertility and the ache of wanting a child. What did you make of how Polly processed her IVF journey and the way it affected her relationships? Have you ever experienced something similar? Discuss.

4. ?We never know what?s living inside the people around us.? What moments in the novel best illustrate that idea for you?

5. ?Maybe I had always been kidding myself, that I was the only woman who felt this way. Maybe everyone?s mother was a kind of mystery to her daughter. Maybe everyone?s daughter was a mystery to her mother.? Discuss Polly?s relationship with her mother. How was it like or unlike your own?

6. When Polly learns the truth about her parentage, she?s forced to question who she is. Do you think identity comes more from biology or from the life we build for ourselves? Discuss.

7. Friendship is central to the novel --- especially how it shifts with loss, aging and time. Which friendship dynamic felt most real to you, and why? How have your own friendships grown, faded or changed over time?

8. Several passages touch on the idea of ?letting life in.? What does that mean to you? Did you see Polly learn to do it by the end?

9. There?s a quiet thread about caregiving --- for parents, for friends, for ourselves. How does the novel portray the emotional cost and beauty of care?

10. Have you ever had a moment --- like Polly --- where you discovered something that made you see your own story differently?

11. The novel ends on a note of quiet hope and reconnection. What does ?more than enough? mean to you in your own life?

Author Bio

Anna Quindlen is a novelist and journalist whose work has appeared on fiction, nonfiction and self-help bestseller lists. She is the author of many novels: OBJECT LESSONS, ONE TRUE THING, BLACK AND BLUE, BLESSINGS, RISE AND SHINE, EVERY LAST ONE, STILL LIFE WITH BREAD CRUMBS and MILLER'S VALLEY. Her memoir LOTS OF CANDLES, PLENTY OF CAKE, published in 2012, was a #1 *New York Times* bestseller. Her book A SHORT GUIDE TO A HAPPY LIFE has sold more than a million copies. While a columnist at *The New York Times*, she won the Pulitzer Prize and published two collections: LIVING OUT LOUD and THINKING OUT LOUD. Her *Newsweek* columns were collected in LOUD AND CLEAR.

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