ReadingGroupGuides
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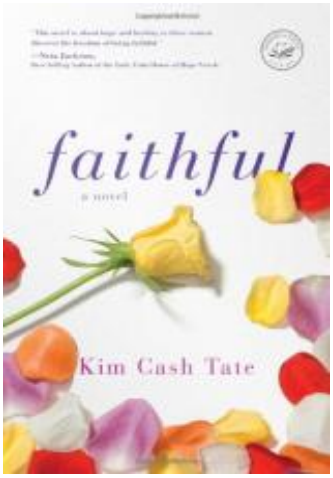
# Faithful

by Kimberly Cash Tate




## About the Book

Three life-long friends experience life-altering struggles. Will they find the strength to be faithful to the covenants they've made with God...and each other?

Cydney Sanders thought she knew God?s plan for her life. She?d marry, have kids, and then snap her body back into shape with Tae Bo. But she?s celebrating her fortieth birthday as the maid of honor at her little sister's wedding ?and still single. Why would God give her this desire to marry, but no husband? And why is her life suddenly complicated by the best man --- who?s the opposite of what she wants in a husband?

Cydney's best friend Dana has the perfect marriage. But when Dana discovers her husband?s affair, her world goes into a tailspin. And Phyllis is out of hope after six years of unanswered prayers for her husband to find faith. When she runs into an old friend who is the Christian man she longs for, she's faced with an overwhelming choice.

With life falling apart around them, can they trust God like never before?

## Discussion Guide

**1.** Cyd questioned God?s promises because she had delighted in Him and abided in Him, but had not received the desires of her heart --- to marry and have children. Have you ever questioned God?s promises? Did you look to God and the Bible for reassurance?

**2.** Phyllis told God, ?Lord, I?m tired of trying to keep the faith.? Have you ever prayed, believing for a circumstance to change, only to be disappointed time and time again? Did you admit to God that you were weary? Did you ask Him for strength to endure? Why or why not?

**3.** In her greatest time of need, Dana didn?t think to pray right away. She turned inward instead of upward. Do you have a regular prayer life? Or do you find that your prayers can slacken, even in times of need? What tangible things can you do to increase fellowship time with God?

**4.** At the wedding reception, Cyd battled with the desires she felt for Cedric. At what point should she have drawn the line? Before the first dance? Before the second? Should she have agreed to go to dinner? Has the temptation of the moment ever caused you to move your boundary lines? What was the result?

**5.** Phyllis and Rod debated whether they could be friends. What do you think? Can a male and female believer maintain a Christ-like friendship when one or both are married? If so, what safeguards should be erected in such a friendship?

**6.** When Scott addressed the congregation, he said they might be thinking, ?I would never.? If you?re married, do you feel you would never be unfaithful to your spouse? Discuss these verses in relation to the question: ?Keep watching and praying, that you may not enter into temptation; the spirit is willing, but the flesh is weak? (Matthew 26:41). ?Therefore let him who thinks he stands take heed lest he fall? (1 Corinthians 10:12). How can you keep from falling?

**7.** The congregation?s applause for Dana and Scott confirmed that it was okay for her to want her marriage. Why would she think it might not be okay to want her marriage? Does society give us that impression? Did Dana extend forgiveness too soon? Think about times you?ve been wronged in a relationship. Have you had difficulty forgiving?

**8.** Cyd told Cedric she couldn?t follow feelings, that she had to let her mind lead, and her knowledge of what?s right. Do you tend to follow your feelings or does your knowledge of what?s right lead you?

**9.** The Intimacy Group tackled some tough questions. How would you respond to these: What is the path to adultery? How can it be avoided?

**10.** Cyd said she had to ?pledge to be true? even if she never got married. How difficult is it for singles to honor God by remaining celibate? Discuss ways in which this goal can be achieved.

**11.** Curled up on a hotel bed, Phyllis wondered how she had gotten there. How did she get there, spiritually speaking? What had happened in her relationship with God? What lessons can you take away regarding your own relationship with God?

**12.** Read First Corinthians 10:13. How was God faithful in Phyllis?s circumstance? What way of escape was given to her in the hotel? Can you remember times in your own life when God provided a way of escape?

**13.** On Cyd?s wedding day, Dana told her that every day wouldn?t be a fairy tale, but every day, God is faithful. Can you see God?s faithfulness in your life? Do you remind yourself of that faithfulness in the hard times? Discuss the ways in which God has been faithful to you.

## Author Bio

Kimberly Cash Tate is a Women of Faith speaker and the author of HEAVENLY PLACES and the memoir MORE CHRISTIAN THAN AFRICAN AMERICAN. A former practicing attorney, she is also the founder of Colored in Christ Ministries. She and her husband have two children.

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