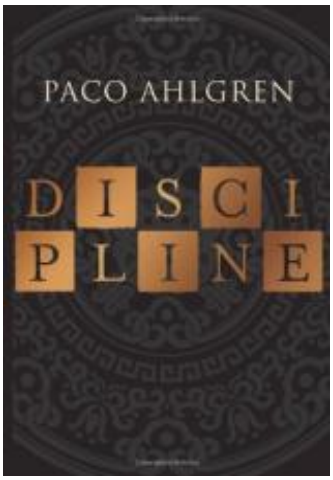
# Discipline

by Paco Ahlgren




## About the Book

?If you caught a glimpse of your own death, would the knowledge change the way you live the rest of your life? You might think the answer is obvious, and in my youth I might have agreed. But that was before I learned how elegant --- and misunderstood --- our universe really is??

Douglas Cole is being hunted --- and protected --- but he doesn't know it. His life has been shattered by inexplicable tragedy, his mind haunted by ominous visions, and yet the more he questions the horrifying events plaguing him, the more elusive the answers become. Pushed to the brink of insanity, Douglas begins a desperate psychological battle with an enemy he can?t see and doesn?t understand, the outcome of which will determine the fate of humanity.

Fusing philosophical passion with electrifying suspense, **Discipline** dissects our assumptions about the limits of perception in a way that will terrify you as much as it enlightens you. Paco Ahlgren effortlessly weaves blunt, gritty realism with spectacular scope into an intricate thrill-ride that will drive you to turn each page as quickly as possible, while at once demanding that you slow down enough to absorb every critical detail.

No matter how much you prepare yourself, the revelation at the end is going to blindside you, leaving you questioning reality in a way you never would have believed possible. And yet, once you recover, you?ll find yourself back on page one right away --- looking for answers to questions you didn?t even know to ask the first time around.

## Discussion Guide

**1.** Some people have suggested that **Discipline** was ?channeled? ? that is to say that the story was told through the author, rather than by the author. What is your opinion on this statement?

**2.** The main character in **Discipline** becomes homeless, recovers, and then condemns another homeless person. How

would you explain this?

**3.** One of the characters in **Discipline** suggests that aging may be avoidable, or even reversible. Is this something you believe?

**4.** The main character in this book is forced to deal with the abrupt deaths of his entire family. What would you say to someone facing something so tragic?

**5.** A lot of the concepts in **Discipline** are complex. How accessible is the book to the average person?

## Author Bio

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